

Master Degree Programs

Master in Psychological and Educational Counseling:

The university began offering the postgraduate program in Psychological and educational counseling through the diploma program, and then the master's program in psychological counseling and education was added, at the beginning of the second quarter of the year 1999/2000.

The Master's Program in Psychological and Educational Counseling seeks to excel in the provision of academic programs related to specialization at the theoretical and practical levels, which contribute to the preparation of students to succeed in work in the fields of education, social and clinical, etc., with the studied expansion in postgraduate programs based on research skills development and follow-up the updated in specialization with the work to adopt and take into account the culture of society, to contribute to the service of society in the fields of research, teaching, counseling and psychological therapy.

Duration of studies:

2 years

Teaching facilities:

Abu Deis Campus

Admission Prerequisites:

1. The applicant must have a bachelor's degree from any recognized university in any academic field with a minimum grade of good grade.
2. The applicant must adhere to the required lectures, noting that the lectures hours is usually held in the evening.
3. Passing the personal interview that he / she applies to immediately after submitting the application.
4. Must have at least two years experience in the field of education or vocational .

Program goals:

The program aims to prepare the school psychologist/counselor at the master level through the regular study of courses and the preparation of a thesis in the field of educational and psychological guidance and passing field training on the skills, techniques and tools of counseling in diagnosis and treatment and preventive development. In light of this, the program aims to:

- Providing students with concepts, strategies and guiding theories related to psychological counseling in general and scholastic counseling in particular.

- Training students on the use of psychological counseling tools and mechanisms in development, prevention and treatment.
- Training students to conduct scientific research and field applications.
- Empower students with the necessary academic and professional competencies in psychological counseling.

Career prospects:

Master of psychological and educational counseling offers the opportunity to graduates in the following sectors:

- Schools, psychological counseling and mental health centers
- Mental health hospitals, governmental, non-governmental and social institutions

Acquired skills:

Providing students with the following skills:

1. Students acquire the skills of using mental and personal tests and measurements and know their implications for the use of counseling work.
2. Students acquire counseling skills in diagnosing academic difficulties, behavioral problems and mental disorders among the learners.
3. Students acquire the skills of developing individual and group counseling plans and programs.
4. Students acquire the skills of designing effective intervention strategies and techniques to address psychological compatibility problems.

Academic Curriculum:

Credit Hours: 36

- Faculty Requirements: 6
- Mandatory Compulsory Requirements: 21 + 6 thesis or action research + elective 3
Or (comprehensive exam + 2 electives)

Faculty Requirements: 6

No.	Course No.	Course Name	Cr
1	8101712	Research design and statistical methods	3
2	8101711	Statistical analysis by using SPSS	3

Mandatory Compulsory Requirements: 21

No.	Prerequisite	Course No.	Course Name
1		8103715	Measurement in psychological and educational counseling
2		8103753	Methods of Individual, family and group counseling
3		8103756	Personality theories and Counseling
4		8103757	Clinical psychology
5	8101712	8103758	Research seminar in psychological and educational counseling
6		8103735	Behavior Modification
7	Completion of compulsory courses (15 hours)	8103762	Field Training

Electivespecialization Requirements:

No.	Course No.	Course Name	Cr
1	8103716	Assessing tendencies and abilities	3
2	8103717	Skills of dealing with psychological pressure	3
3	8103718	Interview skills in psychological counseling	3
4	8103741	Counseling in special education	3
5	8103733	Guidance and occupational counseling	3
6	8103764	Special topics	3
7	8103765	Cognitive psychology	3

Primariespecialization Requirements:

No.	Course No.	Course Name	Cr
1	8103610	Introduction to Psychology	3
2	8103611	Introduction to Psychological counseling	3
3	8103612	Developmental Psychology	3

Non-thesis track

Completion of 18 hours, registration for action research

8103720	Action Research (1)
8103721	Action Research (2)

Comprehensive exam track

Completion of 27 compulsory hours + 9 elective + comprehensive exam

Course No.	Course Name	Cr
8103777	comprehensive exam	

Thesis track

Completion of 27 compulsory hours + 3elective + 6 Thesis (1,2)

Course No.	Course Name	Cr
8103729	Thesis (1)	3
8103729	Thesis (2)	3

Study Plan for Higher Diploma in Psychological and Educational Counseling:

The Higher Diploma Program in Counseling at Al-Quds University aims at preparing and qualifying counselors to suit the local needs of our Palestinian society so that they will be able to work in many fields.

Applicants must have a bachelor's degree from any recognized university in education, arts or social sciences.

Diploma track 24 credit hours

Completion of 18 compulsory hours + 6elective

No.	Course No.	Course Name
1	8103735	Behavior Modification
2	8103756	Personality theories and Counseling
3	8103715	Measurement in psychological and educational counseling
4	8103753	Methods of Individual, family and group counseling
5	8103757	Clinical psychology
6	8103762	Field Training/ Completion of 15 compulsory hours
7		Elective course
8		Elective course

Course Description and Division (Primary Requirements, Faculty, Mandatory, Elective):

Primary Requirements:

1. Introduction to psychology (8103610)

The course deals with the principles of psychology, the general psychological laws of human behavior, and the goals of psychology. Acknowledges of factors and variables that control, understand, predict and judge behavior by addressing the general themes of psychology. In addition to topics include the definition of psychology, research methods in education and psychology, psychology schools, nervous system and behavior, motivations of behavior, emotions, higher mental states, learning, individual differences, personality, applied fields of psychology.

2. Developmental psychology (8103612)

This course aims to study the basic concepts of developmental psychology and its importance, in addition to the laws of growth that control human, and common theories of growth such as analytical, behavioral, cognitive, moral, social and psychological. There is a focus on the stages of growth from prenatal to early life, in addition to the effect of genetics and the environment in growth.

3. Introduction to psychological Counseling(8103611)

The course deals with psychological counseling in terms of concepts and the need for guidance and fields and the most important theories of extension as well as methods and methods of information counseling and cases of application

Faculty Requirements (6)

1. Research Design and Statistical Methods(8101712)

This course deals with the most important research designs adopted in educational studies, methodological procedures and the appropriate statistical methods in the implementation of these designs such as associative design, comparative causal design, experimental and semi-experimental designs and qualitative methods, focusing on studying different models of educational research on each design.

2. Statistical analysis by using SPSS (8101711)

The course deals with the topics of statistical science in its descriptive and descriptive branches, methods of data collection, statistical samples, data presentation methods, statistical distributions, and measurements of central tendency (mean, median, Range, standard deviation and variance), statistical analysis (simple sample tests, independent samples and interrelated samples, ANOVA analysis, ANCOVA analysis, correlation coefficient and types, and regression equation.

Mandatory Compulsory Requirements:

1. Measurement in psychological and educational counseling(8103715)

This course Introduce student to the basic principles of psychological measurement, and some psychological tests, methods of calculating the validity and reliability of psychological tests and how to build and design these tests.

2. Methods of Individual, family and group counseling (8103753)

The course aims to identify the concept, principles and stages of the counseling. It deals with the models and strategies of counseling that emerge from the theoretical frameworks known as analytical, behavioral, cognitive, human and structural. The course provides the student with the opportunity to identify the categories of mentors in individual, family and group counseling and the various alternatives to deal with them, procedures and exercises that can be used in counseling with children and adolescents and in the field of family and marriage counseling.

3. Personality theories and Counseling (8103756)

The course deals with the analysis of the most important principles and foundations of the theories of modern counseling and addresses its objectives, fields, tools, constraints and measurement processes. The course deals with the role of the counselor and its functions, its relation with the counselors, and the factors that influence the formation of personality and the definition of old and modern theories in the field of personality.

4. Clinical Psychology(8103757)

This course aims to identify the clinical psychology and its significance. It deals with the fields of clinical psychology, its importance, the relationship with counseling psychology, the classification of mental disorders through the International Classification (ICD-1), diagnosis in clinical psychology (DSM IV), psychological report, and the reality of clinical psychology globally and locally.

5. Research seminar in psychological and educational counseling (8103758)

This course aims to introduce the main topics in the field of counselor. It covers the concept and the contemporary trends of counseling and extension services, and methods of collecting information in the extension process. The course deals with the analysis of the published scientific studies on the role of the counselor in the extension process, its characteristics, its effectiveness, its problems and mental health, the pillars of the counseling relationship and its controls, the organization and management of the extension programs and the extension services provided to different age groups.

6. Behavior Modification (8103735)

The course aims to introduce students to the concept of behavioral modification and the definition of basic principles in behavioral theory and the use of these principles and procedures for the modification of different behavior. The course deals with the use of reinforcement, behavior formation, generalization, extinguishing, modeling, sequencing, punishment and behavior formation. Inductive learning, the verbal teaching of meaning, and the model derived from the Piaget theory and others, in modifying the behavior of individuals in order to adapt them to themselves and their society ... It analyzes methods and methods used to modify individual and collective behavior. The course deals with practical issues of application and discusses difficulties and obstacles to the modification process.

7. Field Training (8103762)

The course aims to train the student in the practice of psychosocial counseling work in schools and psycho-social and health institutions, public and private, under the supervision of the course teacher and field instructor in order to acquire the student skills and methods of acting in the field of dealing with psychological and educational issues at the individual and community level and at the level of people with special needs. The course emphasizes the development of the professional self and the assimilation of the basic values and ethics of practicing the profession, in a way that prepares the student to assume the responsibilities of the educational psychologist, in light of what he learned in the courses of theoretical specialization. To train students in conducting the interview and practical application of extension methods in schools and various institutions, and provide them with the necessary skills to address the various problems (family, school, or special groups) within the Palestinian society.

Elective Requirements:

1. Assessing tendencies and abilities (8103716)

This course deals with the definition of tendency, abilities and differences between the two concepts and theories and related studies such as the theoretical and applied aspects of capacity tests and tendencies of interest to educators and workers in the fields of psychology and counseling, including intelligence tests, academic readiness, creativity and achievement tests and tendencies.

2. Skills of dealing with psychological pressure(8103717)

This course aims at clarifying the various concepts and theories explaining the psychological pressures and its sources and the factors related to its spread, in addition to the indicators and stages of psychological pressure and its impact on personality. The course deals with the role of psychological counseling in assessing the level of psychological pressure and managing / coping with the pressures of life and adapting them in the social, family and professional fields, especially in the fields of education and psychological counseling. The course also deals with cognitive and behavioral counseling strategies and training to relax the muscle and mental to face the pressures of life.

3. Interview skills in psychological counseling (8103718)

The course aims at developing the basic skills in conducting the instructional interview, communication skills, formulating questions, observing client attitudes and diagnosing their behavior, focusing on the different stages of the interview. And the ability to conduct a successful interview using the skills of case study and the diagnosis of some adaptive problems and the application of strategies and methods emanating from the theoretical frameworks are known both in individual and group counseling.

4. Counseling in special education (8103741)

This course aims at clarifying the individual and social needs of people with special needs and their families at various age levels, in addition to clarifying the nature of these needs, their determinants, and methods of evaluating and responding to them. This course includes family extension services such as support, guidance and counseling services that should be provided to people with different disabilities, gifted, talented, creative and their families. This course also develops communication skills, decision making, problem solving, management and coexistence. In addition, it discusses ways of providing advisory services to parents and other stakeholders.

5. Guidance and occupational counseling(8103733)

The course aims to identify the basic concepts of occupation counseling and theories of growth and professional choice. And the role of the counselor in vocational guidance and in the face of problems of professional adjustment: unemployment, psychological combustion and the weakness of motivation and boredom. And evaluation strategies in career guidance. In addition to professional counseling and guidance methods that help to choose a profession suited to man abilities and tendencies on the one hand and the conditions of the profession and the need of the community on the other hand.

6. Special topics in psychological counseling (8103764)

The course aims to focus on one or more of the topics of psychological counseling or of particular importance to address the latest developments in modern theories in modern psychology.

7. Cognitive Psychology (8103765)

The course deals with cognitive psychology and its development through the stages of the development of psychology in general and the psychology of learning and behavioral theories in particular and its importance, in addition to the historical development of this branch of psychology. The vocabulary of this course includes the definition of cognitive psychology, the student's definition of higher mental processes such as cognition, Thinking, remembering, attention, information processing within the brain, how the distorted perception affects the storage of information, how the thinking affects the work of the brain and the reflection on the behavior of the individual, what memory, how affect the behavior of the individual, how to study attention and dispersion, how to study forgetfulness and the curve of memory and forgetfulness and its various applications In public life, study recent trends in cognitive psychology especially with regard to the work of the human brain.